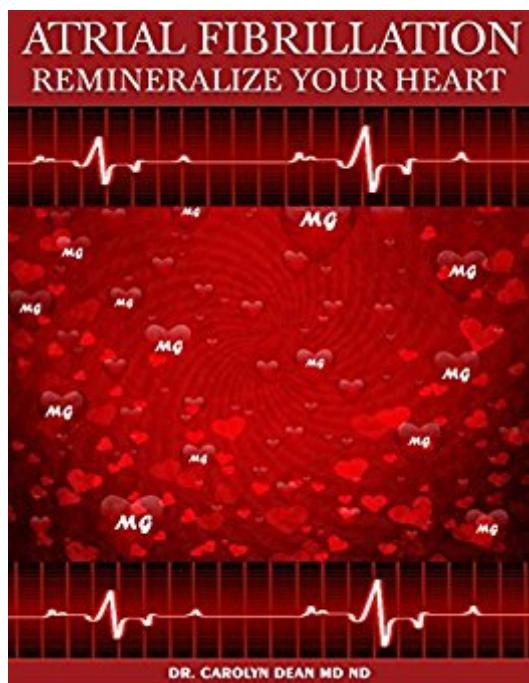


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# Atrial Fibrillation: Remineralize Your Heart



## **Synopsis**

Atrial Fibrillation, an electrical disruption of the rhythm of the heart, is occurring in epidemic proportions. Medicine says there is no cure and only offers drugs and surgery for the symptoms. Because of my own heart palpitations, I searched for an effective treatment for many years. That treatment I found is based on the right kind of magnesium — one that doesn't give you a laxative effect — well-absorbed multiple minerals and proper hydration with water and sea salt or Himalayan salt. Giving your heart the necessary minerals overcomes the electrical disruption and balances your heart rhythm. *Atrial Fibrillation: Remineralize Your Heart* walks you through the possible triggers for this condition and uncovers their basis in magnesium deficiency. Numerous case histories help you realize that you don't necessarily have a heart condition, you have a magnesium deficiency condition that can be treated.

## **Book Information**

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## **Customer Reviews**

I just ordered the book. I have, however, started taking the 4 complimentary formulas including

Remag, Remyte, rNA drops, and reAline. I had open heart surgery in 2009 to repair my Mitral Valve and also had the Maze procedure to fix the AFib I was in. I was free of AFib until about 4 weeks ago. I felt it right away and my doctor confirmed it with an EKG. They told me to see if I could live with the symptoms and upped my Atenolol. I still felt terrible. The pounding in my chest was constant and so very disturbing. I bought the products about a week ago and started immediately. About 3 nights into it, I was lying in bed, on my side, trying to go to sleep despite the constant AFib symptoms. I was drifting when off to sleep and all the sudden my entire body jumped and I felt this ZAP in my heart! I was scared to death. I laid there for a minute waiting to see if I was having a heart attack or a stroke or what! What I realized was that I felt NOTHING in my heart or chest region. Every symptom I had a moment before that was gone. I know this sounds strange, but it is absolutely the truth! I check my pulse several times a day, and I don't think I'm in AFib anymore. Of course, I will have to have that confirmed by my cardiologist, but I don't have the symptoms at all and my pulse, while not perfect, is not all over the darn place like it was. Obviously I will continue with this regime and will update my review later on. I'm so hopeful at the moment. This bout of AFib was very defeating as I also am dealing with Thyroid Cancer and I don't feel well anyway. Yesterday I actually got dressed, put on makeup and went to lunch with a friend! Today I am a little tired, so I'm going to rest. But hopeful I am that my quality of life is going to improve!

Explains the importance of magnesium and many other aspects of diet in regard to heart and overall health. Very helpful information.

A timely book for so many of us with atrial fibrillation. Well written and packed with valuable information you are not likely to get from a conventionally trained cardiologist. A must-read for anyone with a-fib.

AFIB can be caused by magnesium deficiency. Most adults are deficient. Read this and get the facts before you wind up on 5 or 6 prescription drugs for the rest of your life

I was diagnosed with a-fib a few years ago. Reading this little tome opened my eyes about the effects of magnesium deficiency. I have immune system problems, have started using Dr. Dean's ionic magnesium supplement and have noticed an increase in energy, I sleep better and feel more rested. It has also helped decreased my anxiety. Recommend this book if you have atrial fibrulation and if you want in-depth information on magnesium deficiency and its effect on the body, please

read her book "Magnesium Miracle." A must read if you have any immune system illnesses.

Great book, complete, concise, thoughtful information. Do not expect instant gratification. Took many years to reach the low level, expect at least one year to recover. After three months the intensity is reduced, and the frequency is reduced. Two slurps each hour works the best for me.

I liked the extensive information that described several health conditions that have bothered people that I love. Did you know that asleep apnea or seizures or atrial fibrillation and many other conditions can be due to low levels of magnesium? The information in this book is invaluable for taking control of your own health.

Convincing. I am hopeful and adding more magnesium to my supplements. I am not convinced that her brand is the only one to buy, however.

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Atrial Fibrillation: Remineralize Your Heart Beat Your A-Fib: The Essential Guide to Finding Your Cure: Written in everyday language for patients with Atrial Fibrillation REVERSE HEART DISEASE - HEART ATTACK CURE & STROKE CURE - LOWER HIGH BLOOD PRESSURE TO NORMAL & RESTORE YOUTHFUL CARDIAC HEALTH WITH NO SURGERY OR DRUGS ... Pressure Cure, The End Of Heart Disease) The South Beach Heart Health Revolution: Cardiac Prevention That Can Reverse Heart Disease and Stop Heart Attacks and Strokes (The South Beach Diet) Mudras for a Strong Heart: 21 Simple Hand Gestures for Preventing, Curing & Reversing Heart Disease: [ A Holistic Approach to Preventing & Curing Heart Disease ] (Mudra Healing Book 8) The Patient's Guide To Heart Valve Surgery (Heart Valve Replacement And Heart Valve Repair) The Cardiac Recovery Cookbook: Heart Healthy Recipes for Life After Heart Attack or Heart Surgery Your Spiritual Heart: Access the wisdom that manifests your heart's desire the right job, flow of wealth, loving relationships even enlightenment Put Your Heart in Your Mouth: Natural Treatment for Atherosclerosis, Angina, Heart Attack, High Blood Pressure, Stroke, Arrhythmia, Peripheral Vascular Disease Healing Your Grieving Heart for Teens: 100 Practical Ideas (Healing Your Grieving Heart series) Healing the Adult Child's Grieving Heart: 100 Practical Ideas After Your Parent Dies (Healing Your Grieving Heart series) Healing a Spouse's Grieving Heart: 100 Practical Ideas After Your Husband or Wife Dies (Healing Your Grieving Heart series) Healing Your Grieving Heart for Kids: 100 Practical Ideas (Healing Your Grieving Heart series) Peace Within: Clear Your Mind, Open Your Heart, Embrace Your Soul and Heal Your Life From your heart to your home:

Embrace simple pleasures, sweet comforts, awaken your creativity and satisfy your longing for home Revised American Heart Association Low-Salt Cookbook, 3rd Edition: A Complete Guide to Reducing Sodium and Fat in Your Diet (AHA, American Heart Association Low-Salt Cookbook) American Medical Association Guide to Preventing and Treating Heart Disease: Essential Information You and Your Family Need to Know about Having a Healthy Heart The American Heart Association Low-Salt Cookbook: A Complete Guide to Reducing Sodium and Fat in Your Diet (AHA, American Heart Association Low-Salt Cookbook) American Heart Association The Go Red For Women Cookbook: Cook Your Way to a Heart-Healthy Weight and Good Nutrition The Great Cholesterol Myth Now Includes 100 Recipes for Preventing and Reversing Heart Disease: Why Lowering Your Cholesterol Won't Prevent Heart Disease-and the Statin-Free Plan that Will

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